

# EMG71

## YOUR BODY MEASUREMENTS

### Personal data

Name \*

Surname \*

Address

Email \*

Phone

Cav: Inseam

T: Sternum to crotch

B: Arm length

C: Femur length

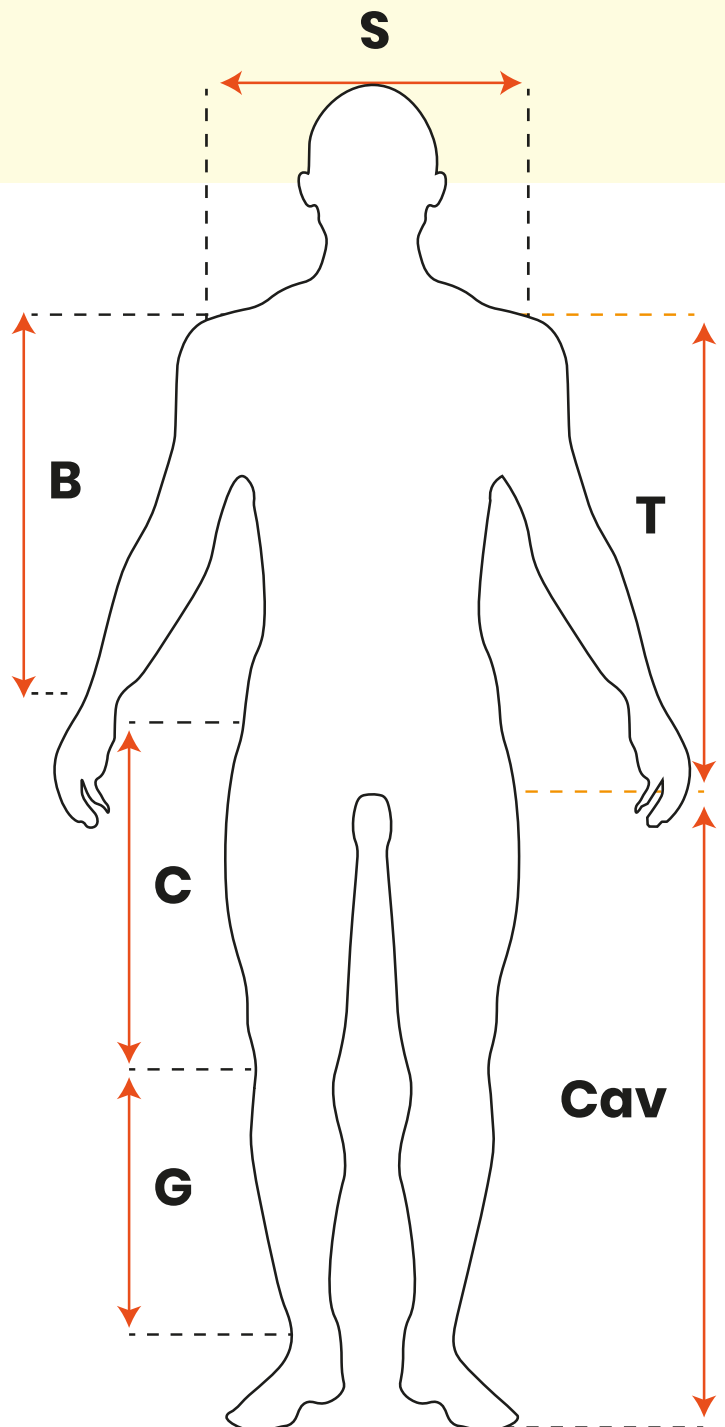
G: Shinbone length

S: Shoulder width

H: Hand length

Shoes size

Weight



# EMG71

## YOUR CURRENT SETUP

### 1. Saddle Length

Measure the length of your saddle from end to end - make sure your tape measure is flat and straight. Please indicate also brand and model of the saddle.

### 2. Saddle to Bar

Measure the distance from the top of the saddle to the center of the handlebars. The measurement should be direct from point to point regard- less of angle.

### 3. Handlebar Drop

The best way to take this measure is with a small spirit level and / or hard ruler. Find a level spot on the floor. Rest one end of the level on the saddle pointing towards the handlebars. Once everything is straight and level, measure from the bottom edge of the ruler to the top of the handlebars.

### 4. Saddle Height

It's the length from the middle of the bottom bracket to the top of the seat, follow the centerline of the seat tube and remain as parallel/straight as possible.

### 5. Saddle Setback

Measure the saddle setback while the bike is in a level position. Use a piece of string with a lead weight on one end and measure from the tip of the saddle to at least just past the bottom bracket. Measure the distance from the bottom bracket center to the weighted line.

### 6. Front Centre Measurement

Measure the front of center of the frame as indicated in bellow figure. This is taken from the center of the bottom bracket to the center of the front axle. Keep the front wheel pointing straight ahead - not turned in any way.

